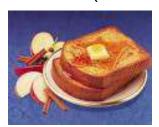
French Toast (serves 4 to 6)

- ☐ 4 eggs
- □ 125 ml milk
- □ 1 ml cinnamon
- 8 to 10 slices bread
- ☐ oil for pan



Equipment
Medium bowl
Fork
Measuring spoons
Plastic flipper
Electric Griddle

METHOD

□ 1. Break eggs into a medium bowl and beat with a fork. Add milk and cinnamon. Beat again with a fork.











□ 2. Oil Electric griddle using a paper towel or a silicone pastry brush. Preheat electric griddle to medium high heat (350 F)- careful that the cord is not touching the griddle.



- ☐ 3. Dip bread into egg mixture. With a fork, turn bread over in bowl. Place bread onto hot griddle or frying pan. Cook until golden brown. Flip over with a plastic flipper and cook other side. Do not press down on bread while it is cooking.
- ☐ Place in box (or plate) and serve with fruit Here is what a table setting looks like



